

NEXUS Diagnostic Laboratories

Please print and fill out form.

24-Hour Urine Collections

Directions for Patients on How to Collect the Specimen(s):

Please follow the instructions below. **Note:** If a “caution” sticker is on your large container, this means a chemical has been added to the container. Please be very careful not to get the chemical on your skin. If the chemical comes into contact with your skin, flush with large amounts of water and call your physician.

- Urinate in toilet. Look at the time and write it here _____.
- Collect all urine for the next 24 hours into a cup, and then pour the urine from each cup into the large container provided. Be sure **all** urine for the next 24 hours is placed in the large container.
- 24 hours from the time you wrote above, attempt to urinate one last time and place the last specimen into the large container. Write the time of the last specimen here _____. Bring your specimen to the Laboratory at any time. The Laboratory is open 24 hours a day, 7 days a week.